

Hosmer Point Overnight Group Chaperone Guide

Hosmer Point Contact & Emergency Info

HP Office Phone: 802-586-2090 Craftsbury Outdoor Center Office Phone: 802-586-7767 <u>hosmerpointinfo@gmail.com</u>

Welcome! We are so excited to host your group at Hosmer Point! This packet will help you prepare for your trip and provide important information for during your stay. If you have any questions, please get in touch with our staff!

<u>Trip Overview</u>

Busses should drop off students at the field at the top of the hill. Hosmer Point Lane is a loop, so busses will be able to drive back down the hill without turning around. After arrival, students will move into their cabins. Personal or camp vehicles can be used to transport luggage to the cabin areas. We will assemble at our community tree to start off the trip with a welcome and a quick overview of the schedule and expectations. A "cabin time" period will be scheduled before dinner to allow students to unpack, shower, etc. We wrap up each day with a campfire, songs, stories, s'mores and stargazing through our telescope. At departure time, luggage will be transported back to the field at the top of the hill where campers can wait to meet the bus.

Expectations for Teachers and Chaperones

- Teachers and chaperones are encouraged and expected to be present and engaged in programming activities. The HP staff will plan and oversee each program and will look to teachers and chaperones for support in group management. Energy and enthusiasm shown from teachers and chaperones will enhance the students' experiences.
- Hosmer Point is an "unplugged" facility, where we promote connecting face-to-face and with the natural world. That means students are not permitted to use cell phones or other electronic devices, and adults should limit phone and computer use to only what is absolutely necessary. To support students' ability to be "screen free," we recommend teachers use their devices only in our camp office, out of sight of students.
- At least one teacher or chaperone is required to be in each cabin with students. Quiet Hours are from 9:30pm-7:30am. During this time, students should be in their cabin and respectful of those sleeping.
- During scheduled cabin time outside of Quiet Hours, teachers/chaperones should be visible and accessible within the cabin section.
- Although ticks remain rare on our campus, due to the increasing number of ticks in Vermont, we recommend chaperones have students check each other for ticks each night or before swim time. We also recommend instructing students to wear tick repellant and/or long pants for activities in the woods. Let a staff person know if you need more information on how to identify and check for ticks.
- During meal times in our dining hall, teachers/chaperones are expected to support the HP staff in supervising conduct and dining hall procedures including composting and table clearing. Each table

(six students) is responsible for clearing and wiping down their own tables. Students should remain seated until dismissed by HP or school staff/chaperones.

- It is expected that the group will keep grounds, cabins, and buildings tidy. There should be no garbage left on the ground, and cabins should be swept out before departure. If there are damages to HP property, a surcharge sufficient to our replacement costs will be due.
- Students may move around the camp property without adult supervision, however, they should "bring a buddy" rather than going on their own. We recommend checking in students at each activity and at lunch to ensure all students are accounted for.

Student Behavior Expectations

Please ensure your students are familiar with these expectations before arrival. It is the group's responsibility to make sure their participants adhere to these rules. In addition to these expectations, there are additional camp rules for some activities including any waterfront activity (swimming, boating, etc.), mountain biking, camp fires, and archery. Groups must have a Hosmer Point staff person in attendance when engaging in these specialized activities to make sure all the applicable rules are understood and followed.

- Student use of cell phones, iPods, computers, tablets, e-readers, and all other electronic devices is strictly prohibited while at camp. Camp is a place to connect with each other and enjoy the freedom of being "unplugged."
- No food is allowed in the cabins, due to surrounding wildlife.
- Under no circumstances may a student or adult be in possession of any of the following: alcohol, drugs, tobacco or cannabis products (including e-cigarettes and vapes), smoking paraphernalia (such as vaping jules), fireworks, matches, lighters, or weapons.
- Any vandalism or theft of camp property will not be tolerated. Students will be required to correct any damage and/or will be charged for repairs. This includes littering.
- Any harassment, hazing, or teasing with the intent to belittle, scare, offend or harm is unacceptable at camp.
- The use of vulgar language will not be tolerated.
- Students may not leave camp grounds without Director, Teacher, or Parent permission.
- If cabins are assigned by gender, students may not visit or enter the cabins of campers of the opposite gender. Campers may not engage in public displays of affection or levels of physical contact that make others feel uncomfortable or which are deemed unsafe. Students must ask for and receive consent for physical contact.
- All students/staff must wear lifejackets while on boats. Students will be asked to use the buddy system while swimming. A lifeguard is on duty during all waterfront activities.
- Students and adults may not enter off-limit areas of camp, unless instructed by a Hosmer Point employee. Off-limit areas include, but are not limited to: the waterfront, maintenance buildings, kitchen, any low-ropes elements, and the farm/garden.

Breaking any of the rules above may result in disciplinary action and/or dismissal from the trip (at the discretion of the camp directors and teachers). We hope and expect students to participate in all activities with an open mind and positive attitude!

- Bathrooms are located in the Theater building at the top of the hill, in the Arts and Crafts building at the camp entrance, in Mole's Hole near the waterfront and bike barn, and in both bathhouses in the cabin areas. In addition, there are outhouses at the garden and below Charley's Cabin. There is also a staff bathroom accessible from the rear of the kitchen/dining hall building.
- Chaperones may park in our staff lot, below the dining hall. All drivers must obey campus rules and traffic flow. Riding in the back of trucks, or in vehicles not designed for passengers is prohibited.
- Wifi is available in the camp office. Ask a staff person for the password.
- Depending on your provider, cell service is available from the Theater at the top of the hill. Generally, there is no service in other areas of camp. A landline is available to use in the camp office should you need to make a phone call.
- There is at least one electrical outlet available in each cabin. You can also charge devices in the camp office.
- Bay trail lights can be turned on from inside Champlain cabin, and Point trail lights can be turned on from Bromley cabin.
- Well-behaved dogs are allowed at camp, at the discretion of the school/group. Dogs are not allowed in the dining hall or kitchen. HP staff may request that dogs that present a hazard to people or property be removed. Dogs belonging to camp staff will also be onsite.

Emergencies

- One teacher in each cabin section will be given a radio to use to contact camp staff in the event of an emergency. Radios should be set to channel 4. Push and hold button on side to transmit. Keep on charger when not in use.
- If there is a medical concern or emergency, suspected missing student, or other issue; camp staff should be notified immediately.
- A landline phone is in the office hallway, along with emergency phone numbers and directions to the nearest emergency room.
- An AED, first aid kit, rescue inhaler, and epipen are stored in the hallway of the camp office.
- Each cabin section and most other buildings at camp are supplied with a fire extinguisher please locate the extinguisher in your cabin section.
- One teacher should be designated as the driver in case a student needs to be transported to the emergency room.
- In case of a fire, missing student, or other emergency; the dining hall bell will be rung continuously, accompanied by extended blasts from an airhorn. All students and teachers should meet in the upper field near the basketball court for a head count during the day. If students are in bed for the night, meet in the cabin section.
- The school should provide a roster of attendees to keep in the camp office on the clipboard marked "emergency."

Feedback!

We'd love to hear your thoughts on your trip and how we can improve. Please complete our post-trip survey, and consider sharing our student/parent survey with your student's families. You can also email your comments to your program coordinator or to <u>hosmerpointinfo@gmail.com</u>.

Packing Checklist

<u>Tips</u>

- Prepare for warm and cool weather by packing layers of clothing and warm bedding. Depending on the time of year, temperatures may be as high as the mid 80s and could drop down to the 30s. Due to elevation, it is likely to be colder at camp than where you live.
- Most camp activities take place outdoors, rain or shine. Bring a raincoat!
- You will get dirty at camp, so do not bring your favorite outfits.
- Many activities require closed-toed shoes with a captured heel.
- Due to wildlife, no food is allowed in the cabins.
- Pack all gear in a duffel bag, backpack, or plastic bin that will fit under a bed (15" high or less)

Clothing

- 1 short sleeved shirt for each day on camp
- 1 long-sleeved shirt
- 1 pair of long pants
- Pair of shorts for each day on camp (if summer)
- Underwear for each day on camp
- Socks for each day on camp
- 1 wool or synthetic fleece top or sweatshirt
- Rain jacket
- Warm coat
- Knit hat and gloves
- Thermal underwear

Other

- 1 bathing suit
- 1 bath towel, 1 beach towel
- 1 pair of sturdy footwear (sneakers and/or hiking boots)
- 1 pair of wet shoes or sandals with a captured heel
- Personal toiletries
- Water bottle (labeled with your name)
- Small day pack for water bottle and extra gear
- Tick/mosquito repellant (non-aerosol, please)
- Sun screen
- Hat with visor
- Headlamp / flashlight
- Watch
- Camera

Bedding

- Sleeping bag OR twin-sized sheets and warm blankets
- Pillow and pillow case