

Max Number of Participants: the number of people who can participate at one time. Larger groups can be divided and rotated through multiple activities.

Seasons Available: W= Winter (December-March) Sp = Spring (April & May), Su = Summer (June - September), F = Fall (October-November)

Available Off-Site: Some activities can happen anywhere, others require access to a wooded outdoor area.

Activities List

| | Name | Description | Max No. of Participants | Seasons Avail. | Avail. Off-Site? |
|----------------------------|--|---|-------------------------|----------------|------------------|
| Ecology and Outdoor Skills | Animal Tracking | Find and interpret tracks and animal signs, learn about woodland animals in winter. | 12 | W | Yes |
| | Aquatic Creature Hunt | Catch and identify small aquatic animals. Learn what can they tell us about the health of the lake. | 12 | Sp, Su, F | |
| | Astronomy Night Hike | Find the constelations, check out stars with our telescope, and get in touch with nature at night. | 12 | All | Yes |
| | Backwoods Survival Skills | Learn to safely build a fire and shelter in the woods while improving teamwork skills. | 16 | All | Yes |
| | Campfire Cooking | Make a meal over an open fire. | 12 | All | Yes |
| | Cooking in the Garden | Harvest veggies and prepare a meal while learning about gardening. | 10 | Su | |
| | Compost | Discover the many benefits of compost while learning how it's made | 16 | Sp, Su, F | |
| | Fishing | Learn to catch fish while exploring lake ecology in Great Hosmer Pond | 8 | Sp, Su, F | |
| | Garden Spa | Learn about herbs and garden plants while making soothing foot soaks and face masks. | 10 | Su | |
| | Ice Fishing | Learn to safely catch fish on the ice with jigs and tip-ups while exploring winter lake ecology. | 12 | W | |
| | Lake Ecology Canoe Trip | Explore Great Hosmer Pond - our staff will highlight areas important to your group goals. | 16 | Sp, Su, F | |
| | Microscopic Creatures | Find and identify tiny invertibrates in the lake using a microscope and hand lenses. | 6 | All | |
| | Native Plants Hike | Build familiarity with the New England forest ecosystem. | 16 | All | Yes |
| Whittling/Woodworking | Use chisels and other handtools to create simple individual or group projects. | 6 | All | Yes | |
| Teambuilding | Goal Setting | Introspective activities tailored to your group help set personal or team goals. | 30 | All | Yes |
| | Group Facilitation | Facilitated discussion and simple activities to help your group plan and meet objectives. | 40 | All | Yes |
| | Low Ropes Course | Teambuilding and problem-solving activities on HP's low ropes challenge elements | 12 | Sp, Su, F | |
| | Night/Trust Hike | Build team connections and trust with a facilitated nighttime or blindfolded walk | 20 | All | Yes |
| | Teambuilding Games | Initiative activities for small or large groups build camaraderie and communication channels. | 60 | All | Yes |

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| Active Outdoors | Archery | Learn to shoot and succeed with recurve bows. | 12 | Sp, Su, F | |
| | Bouldering/Rock Climbing | Build individual and group climbing skills on our low, indoor bouldering wall. | 8 | Su | |
| | Backyard Games | Free, unstructured play with equipment for a variety of favorite backyard games. | 25 | Sp, Su, F | |
| | Canoeing | Learn paddling techniques and safety while exploring the lake. | 16 | Sp, Su, F | |
| | Cross Country Skiing | Enjoy miles of trails or skill instruction for beginners. | 30 | W | |
| | Disc Golf | Learn technique, then try out multiple courses. | 16 | Sp, Su, F | |
| | Fun Fitness Games | Laugh, smile, and have fun while getting fit with a variety of games. | 30 | All | Yes |
| | Hiking | Explore miles of trails around camp - or head off-site for a more strenuous adventure. | 30 | Sp, Su, F | Yes |
| | Mountain Biking | Open to all ages and skill levels on trails and our MTB skill park. HP provides bikes and helmets. | 12 | Sp, Su, F | |
| | Sledding | Try our Mad River Rocket sleds on one of the best hills around. | 16 | W | Yes |
| | Snowshoeing | Explore the winter woods on showshoes (gear provided). | 16 | W | Yes |
| | Stand-Up Paddleboards | Learn to stand up, balance, and paddle while exploring Great Hosmer Pond. | 10 | Su | |
| | Free Swim | Lifeguard-supervised swimming in our beach-side swim area. | 40 | Su | |
| Swimming Lessons | Learn to swim or improve skills with a swim instructor. Max participants dependant on skill level. | 4-8 | Su | | |